


Monday




Objective

Students will be able to complete a High School Brag Sheet and catch up on missing Senior Seminar assignments.





Agenda

1. High School Brag sheet
 2. Common App work period
 3. SEL centers
- 

Work period!

- Submit 2 Common App Applications
- Sign FERPA
- Email Screenshots
- Planner Updates
- Email to Letter of Recommendation Teacher
- Link Common App to School Links
- Personal Essay
- High School Brag Sheet

20:00

SEL Centers

Card Games

Uno, Taco Cat Goat Cheese
Pizza, Classic Cards (learn new
card games)

Puzzles

Word searches, Ken Ken,
Sudoku, Wordle, Tetris, or
these other puzzle games!

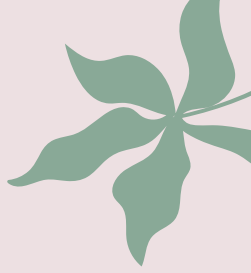
Coloring/Art

Create art on your own, Pixel
Art, or choose from the
coloring sheets I have.
Materials are in the back!

Journaling + Stretching

Find great prompts HERE!
Complete a yoga flow, stretch,
or movement activity. Search
on Youtube! Here's an
EXAMPLE

10:00



Tuesday

Return to Assigned Seats!

	Jaimes, David	Sanchez, Lizbeth			Thomas, Aiyana	Munoz, Eric	
Aceves, Valerie	Liapis-Breeze, Shyana		Alshawabkeh, Amjad	Avila, NoraElena		Lagunas-Garcia, Jesus	Aucapina Otavalo, Kennya
Carmona, Melvin	Lyaaazale, Adam		Delgado, Brenda	Kannour, Walid		Dominguez, Kasandra	Claudio, Matthew
Ahmad, Bilal			Contreras, Janelle	Briggs, Eric-Angel		Garcia, Herson	Rosa, Malaysha
Aguilar, Joshua	Kurczak, Natalia		Valdivia, Aurelio	Urizar, Emmanuel		Vazquez, Miguel	Ahmad, Ameer

Board/ Front of Room

Do Now

- Update planners (Week 7)
- Check your emails
 - We want under 30 unread!
- Update your Tracker!

05:00

(YOUR NAME) Weekly Planner Period: ____

WEEK: ____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HOMEWORK						
1.	2.	1.	2.	1.	2.	
3.	4.	5.	6.	7.	8.	
SLEEP SCHEDULE						
LEISURE ACTIVITIES						
GOAL SETTING						
ACADEMIC GOALS (LIST TWO):		PERSONAL GOALS (LIST TWO):		SELF-CARE & SELF-LEARN (LIST TWO WITH HOW TO MEASURE):		

The screenshot shows a Gmail inbox with the following visible emails:

- Vixama, Amainavt 2**: Action Needed | Activities Fair - Hello all, Thank you for signing up for the activities fair! As you know it is tomorrow so here are s... 2:00 PM
- Leonard, Ryan**: Lockdown Drill | Video and Reminders - Hey team, Happy Monday, I hope you're all well. I'm reaching out this afternoon with som... 1:22 PM
- Tor Warren (via Goo...**: Form shared with you: "Exit Ticket" - Tor Warren shared a form Tor Warren (warren@auslctr.org) has invited you to edit the follo... 10:02 AM
- Leonard, Ryan**: Cougar Correspondence | Week 4 | 9/16/2024 - Cougar Correspondence | Week 4 | 9/16/2024 Google Doc Version Mac... [Attachments: Cougar Corresp..., T&L Cycle: PD P..., RW 2.0 Rubric P...]
- VMS - No Reply 2**: Thank you - Thank you for registering. Please click the link below to access your badge. DuSable Network http://public.visitor.cp... Sep 14
- Chaney, Kelly**: Reminder - The Chicago College and Career Advising Credential (CCCAC) launch is next week! Session 1: Becoming a Postseco... Sep 13
- accounting, AUSL 2**: Tamara Reay QSummer AUSL Resident Mentor Teacher Stipend Timesheet (CAHS) - Hello, Apologies for the incorrect program n... Sep 12
- Alexander, Ryan 2**: Out on 9/16/24 - Thanks for the heads-up, Pruitt. Hope all goes well on Monday. Ryan Leonard (he, him, his) Principal | Chicago A... Sep 11




Objective

Students will be able to catch up on Common App assignments.





Agenda

1. Common App work period
 2. Bizarre Constraints
- 

Brag Sheet

Name _____
Period _____ Date _____

High School Brag Sheet

Instructions:

- Complete the brag sheet below
- List as many activities, awards and accomplishments completed. Be specific!!
- If you have not done some of the things listed below DO NOT leave it blank. **Type DNA (Does not apply) if something does not apply to you**
- Ask your instructor if you are not certain about it.

Enter Your Contact Information

Full Name: _____

Pronouns: _____

Email Address: _____

Cumulative Non- weighted GPA

Cumulative Weighted GPA

Class Rank (only if you would like to share)

What are your post-secondary educational goals? What will you study? What career are you pursuing?
(1-3 sentences) *Note: This question applies to students who plan to attend trade school as well

A.P., Dual Enrollment, and/or Honors classes

School Years
(Highlight years of participation)

	9	10	11	12
	9	10	11	12
	9	10	11	12
	9	10	11	12
	9	10	11	12

- In schoology, open the Assignment “High School Brag sheet”
- Fill this out honestly and specifically - we want the teachers writing your letters of rec to name your achievements and best traits!

10:00

Work period!

- Submit 2 Common App Applications
 - Sign FERPA
 - Email Screenshots
 - Planner Updates
 - Email to Letter of Recommendation Teacher
 - Link Common App to School Links
 - Personal Essay
 - High School Brag Sheet
- Voice Level Zero

Eligibility for Homecoming, Sports, Out Lunch, Phone Privileges is dependent on grades!!

20:00

Brain Break

Card Games

Uno, Taco Cat Goat Cheese
Pizza, Classic Cards ([learn new
card games](#))

Puzzles

[Word searches](#), Ken Ken,
[Sudoku](#), [Wordle](#), [Tetris](#), or
[these other puzzle games!](#)

Coloring/Art

Create art on your own, [Pixel
Art](#), or choose from the
coloring sheets I have.
Materials are in the back!

Journaling + Stretching

Find great prompts [HERE!](#)
Complete a yoga flow, stretch,
or movement activity. Search
on Youtube! Here's an
[EXAMPLE](#)

10:00

Bizarre Constraints

- Find one partner and sit a table with them! Bring a pencil or pen.
- I will give you a prompt and you and your partner will have two minutes to perform the task.
- Some prompts are just for one person at a time. In this case, I will let you know when to switch.
- **Voice Level 1**



Prompt 1

Make a drawing of an animal with your eyes closed.



02:00





Prompt 2

Critique each other's
drawings



02:00





Prompt 3

With your eyes open,
improve the drawing



02:00





Prompt 4

Everyone around you gets a firm handshake



02:00





Prompt 5

Make a squiggle. Your partner has to turn it into something.



02:00





Prompt 6

Again. Make a squiggle.
Your partner has to turn it
into something.



02:00





Prompt 7

Write a secret. Trade papers.
Write a response. Trade.
Respond. Trade. Respond.




02:00





Prompt 8

Draw a circle with your right hand. Then, draw a cross with your left. Now a right hand circle and a left hand cross simultaneously



02:00



Prompt 9

Make a drawing. Your partner must hold the pencil.



02:00





Prompt 10

Balance your pencil on your finger tip. Last in the room to drop wins



02:00





Prompt 11

Flex all your joints, one at a time, in quick succession



02:00





Prompt 12

Rock paper scissors
tournament. Best out of
three.



02:00





Prompt 13

Invent a secret handshake together. No speaking, no writing.



02:00





Prompt 14

Draw your partner's portrait with your non-dominant hand.



02:00



Exit Ticket

Grade update is THIS week!
Take this time to check your grades in this class and update your tracker with assignments completed.

03:00

CHICAGO ACADEMY HIGH SCHOOL Courses ▾

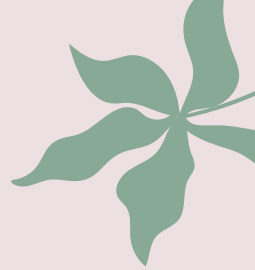
You can't change the cards you're dealt, just how you play the hand

Course Options

Materials ▾

Updates 2

Gradebook



Wednesday

Return to Assigned Seats!

	Jaimes, David	Sanchez, Lizbeth			Thomas, Aiyana	Munoz, Eric	
Aceves, Valerie	Liapis-Breeze, Shyana		Alshawabkeh, Amjad	Avila, NoraElena		Lagunas-Garcia, Jesus	Aucapina Otavalo, Kennya
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Ahmad, Bilal			Contreras, Janelle	Briggs, Eric-Angel		Garcia, Herson	Rosa, Malaysha
Aguilar, Joshua	Kurczak, Natalia		Valdivia, Aurelio	Urizar, Emmanuel		Vazquez, Miguel	Ahmad, Ameer

Board/ Front of Room

Do Now

- It's a new planner week!
 - Your choice of paper or digital this week
- Check your emails
 - We want under 30 unread!
- Update your Tracker!

05:00

(YOUR NAME) Weekly Planner Period

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOMEWORK				
1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
SLEEP SCHEDULE				
LEISURE ACTIVITIES				
GOAL SETTING				
ACADEMIC GOALS (LIST TWO):		PERSONAL GOALS (LIST TWO):		SELF-CARE & SELF-LEAD

Gmail Search mail

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ed5c9c0f-c444... 9.17.24 CAHS Ag...
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Senior Seminar CHECKLIST SY25

File Edit View Insert Format Data Tools Extensions Help

100% 123 | 12 | B I A


A1	A	B	C	D	E
1					
2		Authorization Release Form	Finalized ROUGH DRAFT of Personal Statement ON SCHOOLOGY	FINALIZED PERSONAL STATEMENT ON COMMON APP	GENERAL APPLICATION ON ACADEMIC WORKS
3	Bodnaruk, Arsen				
4	Bustos-Contreras, Alejandro				
5	Catalan-Palacios, America				
6	Cocomo, Marla				
7	Cornejo, Alexa				
8	Correa, Maribel				
9	Feliciano, Elvis				
10	Felix, Dante				
11	Flores, Kimberly				
12	Gallardo, Melanie				
13	Garzon, Frankuby				
14	Herrera, Stefany				
15	Marin, Jatziri				

1st Period Crawford/Martin 2nd Period Reay 4th Period Martin 6th Period Re



Objective

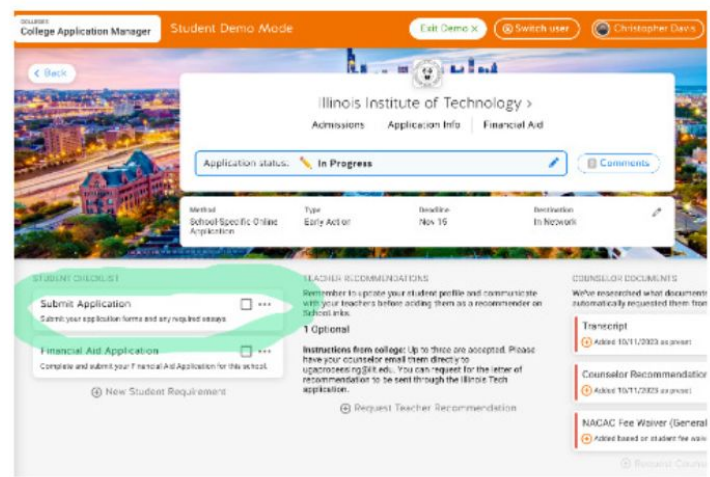
Students will be able to connect their Common App with their School Links and have a Letter of Recommendation from a trusted reference by October 18.



SchooLinks Next Steps

1. Add college to your SchooLinks account. Connect Common App + complete FERPA.

2. MUST Check "Submit Application" to send transcripts, LOR, fee waiver.



3. Add Teacher LOR to each college. You must ask a Counselor for a LOR if your application requires it.

4. Update Enrollment Decisions. (Also, check CPS Direct Admissions Email)




If you are finished...

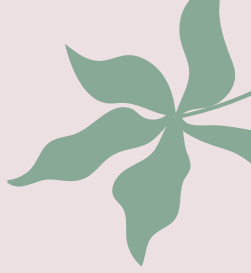
- Submit 2 Common App Applications
- Sign FERPA
- Email Screenshots
- Planner Updates
- Email to Letter of Recommendation Teacher
- Link Common App to School Links
- Personal Essay
- High School Brag Sheet



Exit Ticket

Please fill out the exit ticket before you go!





Thursday

Period 6

	Jaimes, David	Sanchez, Lizbeth			Thomas, Aiyana	Munoz, Eric	
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Board/ Front of Room

Do Now

- Fix your planner!
 - Your choice of paper or digital this week
- Check your emails
 - We want under 30 unread!
- Update your Tracker!

(YOUR NAME) Weekly Planner Period

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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1	2 WEEKLY TASKS	3	4	5
6	7	8	9	10
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Senior Seminar CHECKLIST SY25 ☆ Share

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14	Herrera, Stefany				
15	Marin, Jatziri				

+ ≡ 1st Period Crawford/Martin 2nd Period Reay 4th Period Martin 6th Period Re



Objective

Students will be able to open and complete one CityCollege Application



Work period!

- Submit 2 Common App Applications
- Sign FERPA
- Email Screenshots
- Planner Updates
- Email to Letter of Recommendation Teacher
- Link Common App to School Links
- Personal Essay
- High School Brag Sheet
- Scholarship Applications


Voice Level Zero

Eligibility for Homecoming, Sports, Out Lunch, Phone Privileges is dependent on grades!!

20:00




<https://apply.ccc.edu/>

- Click Apply Now
 - Use Personal email for login, CPS email goes away
 - If you are in Dual Enrollment and are going to one of these colleges, you will already have an account
 - Fall 2025 will be the first semester after you graduate from CAHS.
 - Select your college. 2 yr is Wright College
 - First Time College Student, even if you have Dual Enrollment
 -
- Same as Common App, you will only need to answer fields that have stars next to them. Everything else is optional
 - Just like Common App, you will need your SSN in order to apply for Financial Aid
 - <https://catalog.ccc.edu/programs/>
 - Homemaker is someone who spends their time looking for a home and doing housework
 - Indicate High School Diploma not Some High School
 -
- 



<https://apply.ccc.edu/>

- Plans at City Colleges
 - Name
 - Address
 - Contact Information
 - Basic Information
 - Military Status
 - Ethnicity
 - Emergency Contact
 - Other Information
 - Educational Information
 - One Million Degrees Authorization
 - Prior College Information
 - Submit!
- 



Exit Ticket

<https://forms.gle/5BC9UPmMJDb19Go58>

