

SENIOR SEMINAR

MONDAY MAY 5, 2025

PERIOD 6



To COLLEGE

COURSICLE SELF-MADE PLANNER

The image shows a digital planner interface with a weekly calendar grid and a task list on the right. The calendar grid has columns for days of the week (Mon 5/5 to Sun 5/11) and rows for hours (7am to 3pm). Events are represented by colored blocks: pink for school, yellow for rehearsal, orange for interview, and blue for advisory. The task list on the right is divided into 'This Week' and 'Later' sections, with checkboxes for each task. At the bottom, there are 'Upcoming' and 'Completed' filters.

Day	Event	Time	Location
Mon 5/5	Chicago Academy High School	8:00am - 3:00pm	3400 N Austin Ave
Tue 5/6	Chicago Academy High School	8:00am - 3:00pm	3400 N Austin Ave
Wed 5/7	Chicago Academy High School	8:00am - 3:00pm	3400 N Austin Ave
Thu 5/8	Chicago Academy High School	8:00am - 3:00pm	3400 N Austin Ave
Fri 5/9	Graduation Rehearsal	10:00am - 11:00am	DePaul University
Fri 5/9	Interview	11:00am - 1:00pm	Zoom
Fri 5/9	Resident Advisory	1:00pm - 2:00pm	College of Education

This Week

- Apply to CCS Scholarship
Due Thursday
- Graduation Rehearsal
Practice speech
Due Thursday
- Job Fair
Email Professor
Due Thursday

Later

- Groceries

▼ Tasks

Upcoming Completed

Do Now

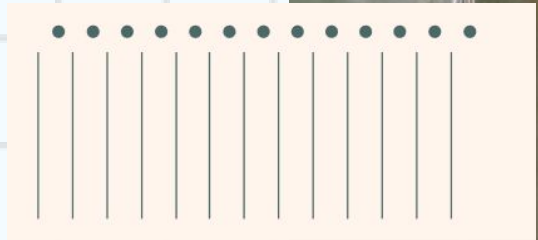
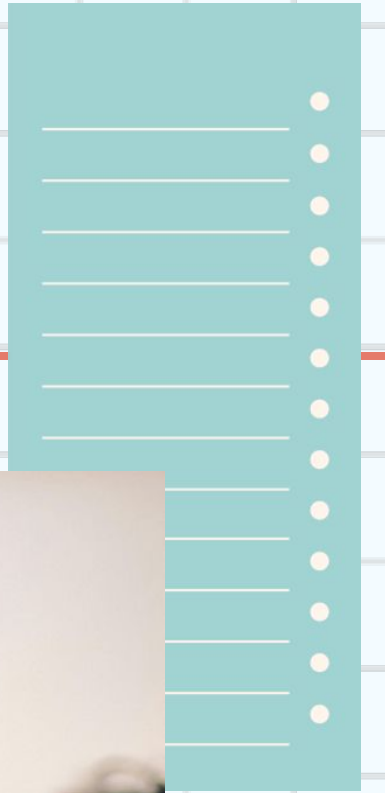
03:00

Email Check due 5/9

Turn in on time, with less than 30 emails for an Exemplary

Self-Made Planner due 5/16

- Turn in on time,
- 5/5 - 5/16,
- 2 SMART Goals,
- list of HW per day



OBJECTIVE

Students will be able to organize a college schedule by choosing from a DePaul University pathway, which will inform their list of courses, to lay out a mock-planner to prepare for postsecondary success.

Students will be able to consider meal preparation options to take care of themselves during independent living.



TABLE OF CONTENTS

01

Course Sign-Ups

Let's finish up our worksheet we started last week

02

Meal Prep Tips

Listen and watch the video to get some ideas

03

Recipe Planning

Think about a couple of recipes that are simple or easy for you



01



COURSE REGISTRATION



	A	B	C	D	E	F	G
1					SUMMER 2019		
2	Class	Professor	Dates	Hours	Credit	Room	
3	Landscape Painting	Richard Deutsch	05/28/2019 - 06/14/2019	9AM-4PM	OFFCAMPUS/STUDIO	Col 321	
4	Advanced Writing Workshop	Richard O'Reilly	06/17/2019 - 07/05/2019	1PM-4PM	STUDIO	Lak 808	
5	Modern Plays in Performance	Paul Ashley	07/29/2019 - 08/16/2019	1PM-4PM	HUMANITY/LIBERAL ARTS	Mac 816	
6					FALL 2019		
7	Comics		Tuesdays	9AM-4PM	STUDIO	Col 306	Comics
8	BFA EXHIBITION CAPSTONE	MICHAEL RYAN	Wednesdays	1PM-4PM	CAPSTONE		
9	Writing: Invented World	Mark Booth	Wednesdays	9am-12pm	studio		
10	History of Radio	Emily Hoyler	Thursdays	1PM-4PM	SOCSCI		
11	Advanced Comics	Jeremy Tinder	Fridays	9AM-4PM	STUDIO	Col 306	Comics
12	African Civilizations	John Cropper	Tuesdays	9AM-12PM	SOCSCI	Spe 721	
13	Short Form Prose	Ignatius	Tuesdays	6pm-9pm	STUDIO		
14	Sounding Bodies: Auditory	Whitney Johnson	Thursdays	9AM-12PM	SOCSCI	Mac 707	
15	Psychodynamic Psychology	Alberto Varona	Wednesdays	9AM-12PM	SOCSCI	Spe 314	
16	Modern China	Saul Thomas	Fridays	9AM-12PM	SOCSCI	Spe 313	
17	Gender Theory and Action	Whitney Johnson	Wednesdays	9AM-12PM	SOCSCI	Mac 620	
18	Decolonizations	Emily Fransee	Wednesdays	9AM-12PM	SOCSCI	Mac 619	
19	Myth, Ritual and Magic	Suma Ikeuchi	Wednesdays	1PM-4PM	SOCSCI	Spe 422	
20	Psychology of Religion	Alberto Varona	Wednesdays	1PM-4PM	SOCSCI	Spe 314	
21	Comics	Paul Nudd	Mondays, Wednesdays	6PM-9PM	STUDIO	Col 306	Comics
22	Comics		Tuesdays, Thursdays	6PM-9PM	STUDIO	Col 306	Comics
23	Visualization and Storyboarding	Shelley Dodson	Mondays, Wednesdays	6PM-9PM	STUDIO	Mac 314	Animation



- MacLean Resale and Media Center (SAIC)
- School of the Art Institute of Chicago, 28
- The LeRoy Neiman Center (SAIC), 37 S W
- School of the Art Institute of Chicago, 112
- Spertus Institute for Jewish Learning and

⊕ Add destination

Options

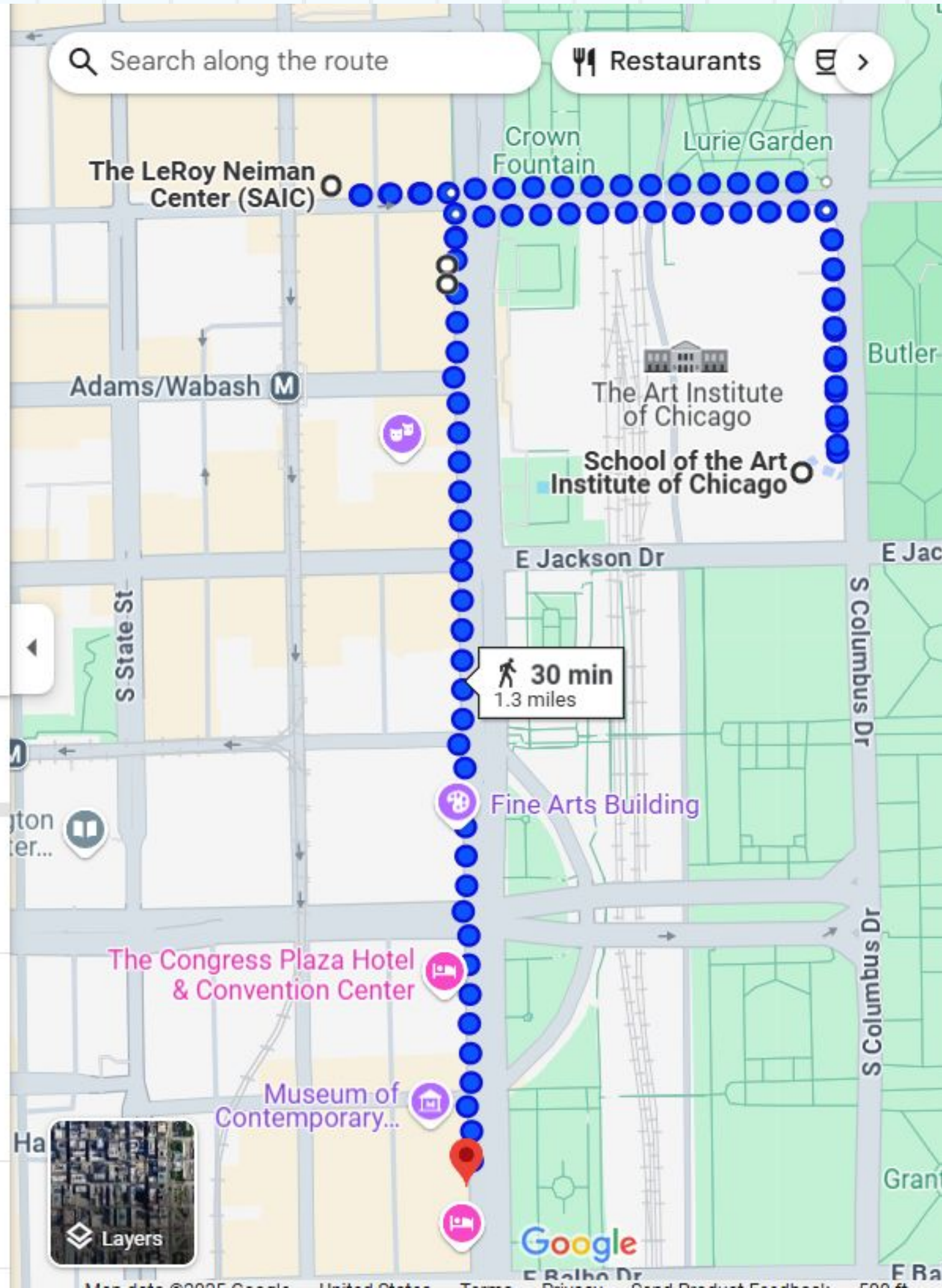
📄 Send directions to samsung SM-A156U1

🔗 Copy link

🚶 via E Monroe St and S Columbus Dr 30 min
1.3 miles

🔍 Details

Mostly flat



MR. WARREN'S EXPERIENCE

- Will likely be different from yours
- So many students wanting the same courses that I had to make a plan beforehand
- Plan + Professor contact
- Assigned date and time to pick classes by year (Freshman, Sophomore, Junior, Senior)
- Navigated to the designated page
- Constantly refreshing page to get my classes
- Signups done in 15 minutes.

“Hello Professor,
My name is Tor Warren-Guerette
and I am a Graduate student
interested in your (TOPIC) class. I
wanted to reach out and see if I
could secure a spot. Looking at
the syllabus, it seems the class will
be relevant to my major and life
after college.
Looking forward to meeting you,
Tor Warren-Guerette”

Sample Email



STUDENT COURSE REGISTRATION

WORKSHEET

Student Course Registration Worksheet

(To be completed during the fall semester to prepare for spring course registration)

Name: _____

Major(s): _____

Anticipated graduation date: _____ Spring 2025 _____

Complete the following before your course registration window opens:

1. [Look up courses to add](#) (scroll down to page 19 to see the beginning of course listings) and create a list of 8-10 courses you might take in the upcoming semester (See course registration worksheet in Appendix A). You may also consider using the weekly schedule grid (see Appendix B). You should register for a total of 15-18 credit hours for the semester of classes you're interested in.
2. **Some Universities/Colleges you can build out schedules using: <https://www.coursicle.com/>

Appendix A: Course Registration Worksheet

Instructions: Prior to your registration window opening, complete the grid below with the scheduling information for classes you may want to take in the upcoming semester. Use the example highlighted in green as a guide. You must add an additional 15-18 credit hours of courses that interest you!

Please have this completed worksheet with you during course registration.

CRN number	Course ID	Course Title	Instructor	Credits	Days	Times

- ❖ Open this document in the Weekly Schoology folder
- ❖ There are two parts of this worksheet: the list, and the schedule

10:00

02

MEAL PREP TIPS

Now that we've made it, what do we eat?



meal prep tips



don't make these mistakes



actually good meals



RECIPE PLANNING

10:00

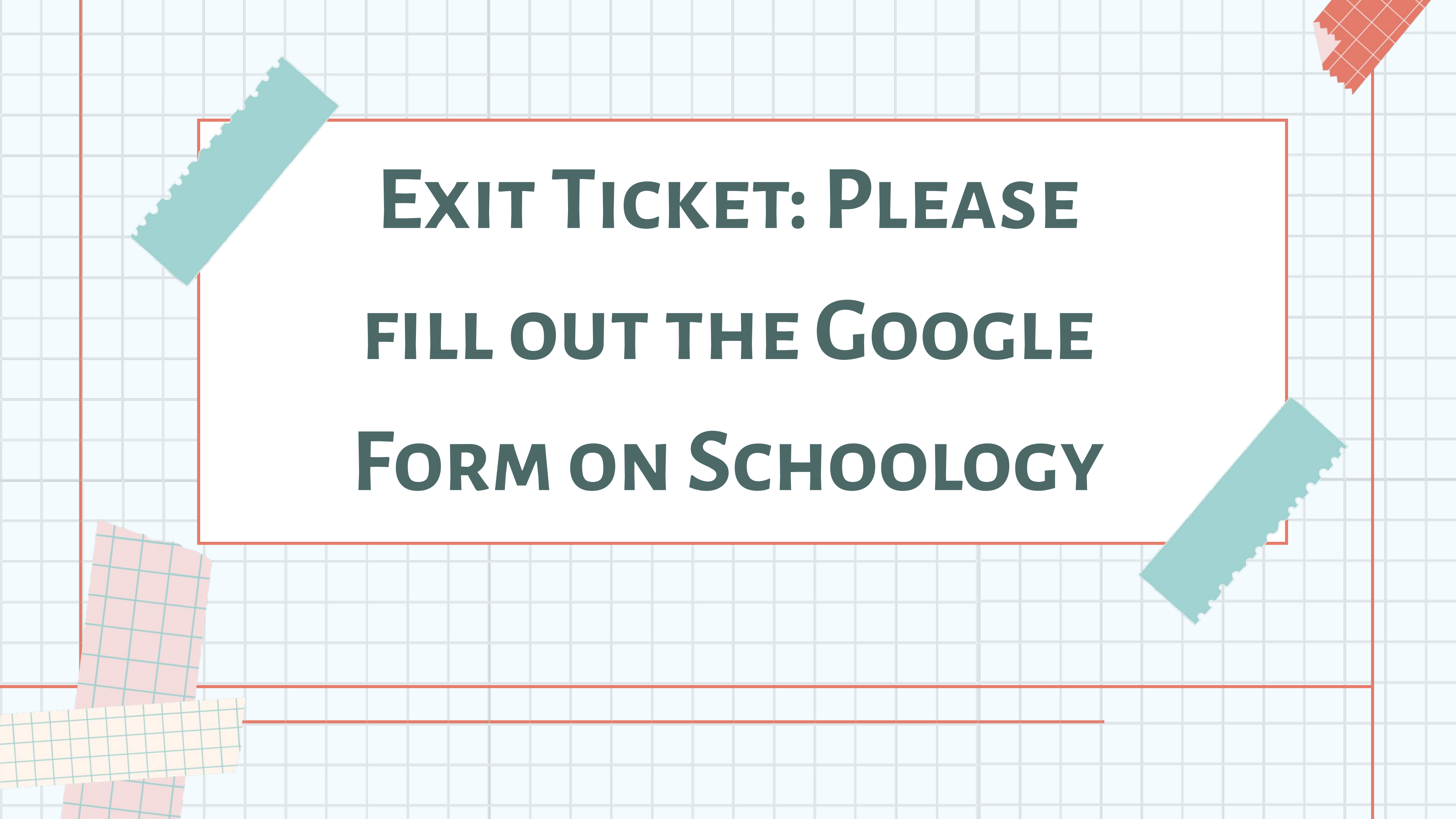
1. Open this document in our Schoology Weekly Folder
2. You will need to fill out the worksheet, but feel free to add more
3. Under ingredients make sure you add how much of each
4. We will be using this to make a shopping list

Recipe Planning

DIRECTIONS: TO PREPARE FOR MAKING YOUR GROCERY LIST, YOU'LL NEED SOME RECIPES FOR BREAKFASTS, LUNCHEs, AND DINNERS (MAYBE EVEN A SWEET TREAT OR TWO). YOU CAN USE TIKTOK, PINTEREST, OR YOUTUBE TO FIND RECIPES THAT YOU CAN REASONABLY MAKE WITH THE EQUIPMENT AND RESOURCES THAT WILL BE AVAILABLE TO YOU NEXT YEAR. LINK THE RECIPES BELOW AND DETAIL THE INGREDIENTS YOU WILL NEED TO PURCHASE FOR EACH ONE. KEEP IN MIND THE NUMBER OF SERVINGS EACH ONE MAKES!

<i>Breakfast</i>	
RECIPE LINK	INGREDIENTS

<i>Lunch</i>	
RECIPE LINK	INGREDIENTS



**EXIT TICKET: PLEASE
FILL OUT THE GOOGLE
FORM ON SCHOOLOGY**

SENIOR SEMINAR

TUESDAY MAY 3, 2025

PERIOD 2



To COLLEGE

COURSICLE SELF-MADE PLANNER

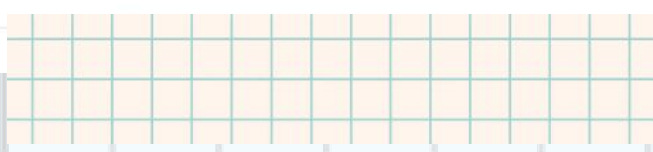
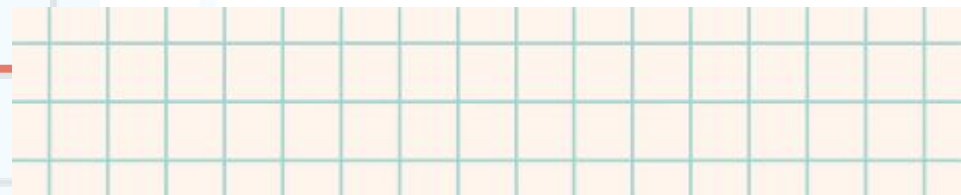
The screenshot displays a digital planner interface with a weekly calendar grid and a task list on the right. The calendar grid shows the days of the week from Monday (5/5) to Sunday (5/11). The time slots range from 7am to 3pm. The events are as follows:

Day	Event	Time	Location
Mon 5/5	Chicago Academy High School	8:00am - 3:00pm	3400 N Austin Ave
Tue 5/6	Chicago Academy High School	8:00am - 3:00pm	3400 N Austin Ave
Wed 5/7	Chicago Academy High School	8:00am - 3:00pm	3400 N Austin Ave
Thu 5/8	Chicago Academy High School	8:00am - 3:00pm	3400 N Austin Ave
Fri 5/9	Graduation Rehearsal	10:00am - 11:00am	DePaul University
Fri 5/9	Interview	11:00am - 1:00pm	Zoom
Fri 5/9	Resident Advisory	1:00pm - 2:00pm	College of Education

The task list on the right is organized into two sections: "This Week" and "Later".

- This Week:**
 - Apply to CCS Scholarship (Due Thursday)
 - Graduation Rehearsal (Due Thursday)
 - Practice speech (Due Thursday)
 - Job Fair
 - Email Professor (Due Thursday)
- Later:**
 - Groceries

At the bottom of the task list, there are two buttons: "Upcoming" (highlighted in blue) and "Completed".



Do Now

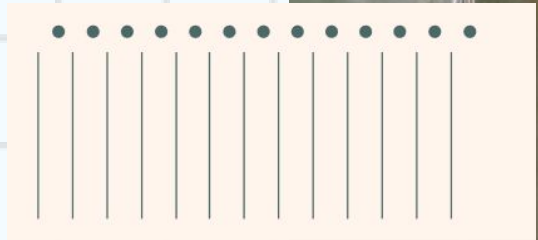
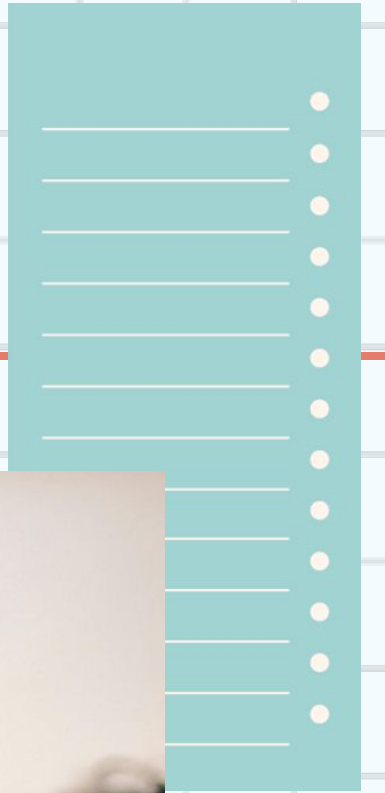
03:00

Email Check due 5/9

Turn in on time, with less than 30 emails for an Exemplary

Self-Made Planner due 5/16

- Turn in on time,
- 5/5 - 5/16,
- 2 SMART Goals,
- list of HW per day



OBJECTIVE

Students will be able to organize a college schedule by choosing a list of courses to lay out a mock-planner to prepare for postsecondary success.

Students will be able to consider meal preparation options to take care of themselves during independent living.



TABLE OF CONTENTS

01

Course Sign-Ups

Let's finish up our worksheet we started last week

02

Meal Prep Tips

Listen and watch the video to get some ideas

03

Recipe Planning

Think about a couple of recipes that are simple or easy for you



01



COURSE REGISTRATION



	A	B	C	D	E	F	G
1					SUMMER 2019		
2	Class	Professor	Dates	Hours	Credit	Room	
3	Landscape Painting	Richard Deutsch	05/28/2019 - 06/14/2019	9AM-4PM	OFFCAMPUS/STUDIO	Col 321	
4	Advanced Writing Workshop	Richard O'Reilly	06/17/2019 - 07/05/2019	1PM-4PM	STUDIO	Lak 808	
5	Modern Plays in Performance	Paul Ashley	07/29/2019 - 08/16/2019	1PM-4PM	HUMANITY/LIBERAL ARTS	Mac 816	
6					FALL 2019		
7	Comics		Tuesdays	9AM-4PM	STUDIO	Col 306	Comics
8	BFA EXHIBITION CAPSTONE	MICHAEL RYAN	Wednesdays	1PM-4PM	CAPSTONE		
9	Writing: Invented World	Mark Booth	Wednesdays	9am-12pm	studio		
10	History of Radio	Emily Hoyler	Thursdays	1PM-4PM	SOCSCI		
11	Advanced Comics	Jeremy Tinder	Fridays	9AM-4PM	STUDIO	Col 306	Comics
12	African Civilizations	John Cropper	Tuesdays	9AM-12PM	SOCSCI	Spe 721	
13	Short Form Prose	Ignatius	Tuesdays	6pm-9pm	STUDIO		
14	Sounding Bodies: Auditory	Whitney Johnson	Thursdays	9AM-12PM	SOCSCI	Mac 707	
15	Psychodynamic Psychology	Alberto Varona	Wednesdays	9AM-12PM	SOCSCI	Spe 314	
16	Modern China	Saul Thomas	Fridays	9AM-12PM	SOCSCI	Spe 313	
17	Gender Theory and Action	Whitney Johnson	Wednesdays	9AM-12PM	SOCSCI	Mac 620	
18	Decolonizations	Emily Fransee	Wednesdays	9AM-12PM	SOCSCI	Mac 619	
19	Myth, Ritual and Magic	Suma Ikeuchi	Wednesdays	1PM-4PM	SOCSCI	Spe 422	
20	Psychology of Religion	Alberto Varona	Wednesdays	1PM-4PM	SOCSCI	Spe 314	
21	Comics	Paul Nudd	Mondays, Wednesdays	6PM-9PM	STUDIO	Col 306	Comics
22	Comics		Tuesdays, Thursdays	6PM-9PM	STUDIO	Col 306	Comics
23	Visualization and Storyboarding	Shelley Dodson	Mondays, Wednesdays	6PM-9PM	STUDIO	Mac 314	Animation



- MacLean Resale and Media Center (SAIC)
- School of the Art Institute of Chicago, 28
- The LeRoy Neiman Center (SAIC), 37 S W
- School of the Art Institute of Chicago, 112
- Spertus Institute for Jewish Learning and

Add destination

Options

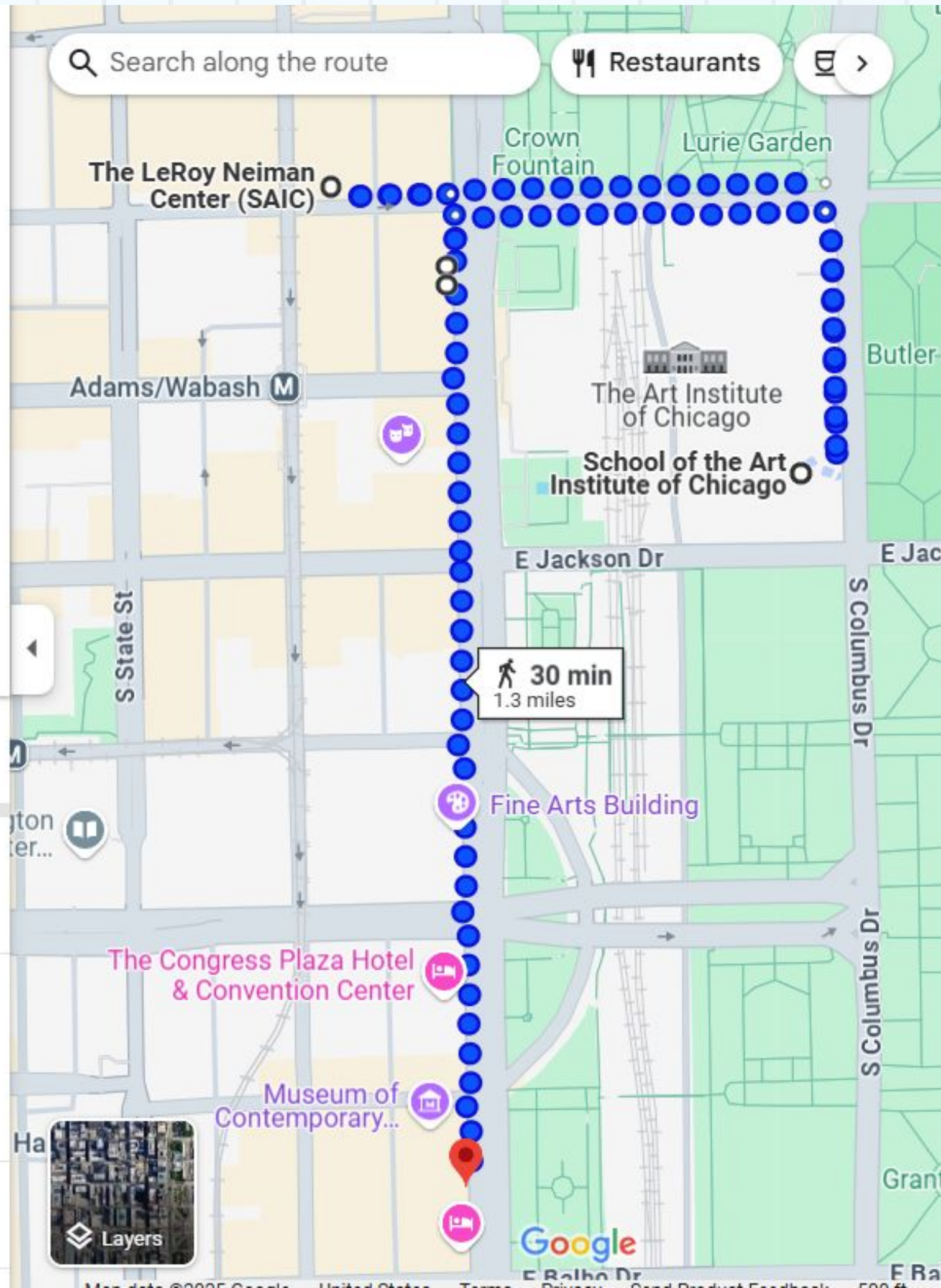
Send directions to samsung SM-A156U1

Copy link

via E Monroe St and S Columbus Dr 30 min
1.3 miles

[Details](#)

Mostly flat



MR. WARREN'S EXPERIENCE

- Will likely be different from yours
- So many students wanting the same courses that I had to make a plan beforehand
- Plan + Professor contact
- Assigned date and time to pick classes by year (Freshman, Sophomore, Junior, Senior)
- Navigated to the designated page
- Constantly refreshing page to get my classes
- Signups done in 15 minutes.

“Hello Professor,
My name is Tor Warren-Guerette
and I am a Graduate student
interested in your (TOPIC) class. I
wanted to reach out and see if I
could secure a spot. Looking at
the syllabus, it seems the class will
be relevant to my major and life
after college.
Looking forward to meeting you,
Tor Warren-Guerette”

Sample Email



STUDENT COURSE REGISTRATION

WORKSHEET

10:00

Student Course Registration Worksheet

(To be completed during the fall semester to prepare for spring course registration)

Name: _____

Major(s): _____

Anticipated graduation date: _____ Spring 2025 _____

Complete the following before your course registration window opens:

1. [Look up courses to add](#) (scroll down to page 19 to see the beginning of course listings) and create a list of 8-10 courses you might take in the upcoming semester (See course registration worksheet in Appendix A). You may also consider using the weekly schedule grid (see Appendix B). You should register for a total of 15-18 credit hours for the semester of classes you're interested in.
2. **Some Universities/Colleges you can build out schedules using: <https://www.coursicle.com/>

Appendix A: Course Registration Worksheet

Instructions: Prior to your registration window opening, complete the grid below with the scheduling information for classes you may want to take in the upcoming semester. Use the example highlighted in green as a guide. You must add an additional 15-18 credit hours of courses that interest you!

Please have this completed worksheet with you during course registration.

CRN number	Course ID	Course Title	Instructor	Credits	Days	Times

1. Open this document in the Weekly Schoology folder. Then, open 2 tabs:
2. **Find your degree requirements for your major.** You may have to Google Search a bit. Use this to guide your course hunting.
3. In your third tab, search for your school's **autumn 2025 courses**. You want to find something that will tell you your professors.

Appendix B: Weekly Schedule Grid

Instructions: Complete the weekly schedule grid below by adding time for classes, studying, and on/off campus commitments (i.e. clubs, employment, family responsibilities, etc.). Color code each class with a distinct hue that corresponds to what you did in Appendix A.

Note: For every hour you spend in class, you should be allocating at least two hours outside of class for preparation (homework, studying for exams, paper writing, other assignments). If you are taking 16 credit hours, you should be allocating at least an additional 32 hours per week to study. That would be a total of 48 hours per week devoted to academics.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 am	College Writing 2 (study/hw)						College 2 (study)
9:00 am	College Writing 2 (study/hw)						College 2 (study)
10:00 am	College Writing 2 (study/hw)	College Writing 2 (class)		College Writing 2 (class)		College Writing 2 (class)	College 2 (study)
11:00 am							
12:00 pm							
1:00 pm							

10:00

WEEKLY SCHEDULE GRID

1. DELETE THE PREVIOUS COLLEGE WRITING 2 CLASS EXAMPLE
2. PUT YOUR COURSES INTO THE SCHEDULE. **COLOR CODE** EACH COURSE
3. FOR EACH COURSE, YOU **MUST HAVE 2 HOURS OF PREP**, WHETHER THAT'S STUDYING, HOMEWORK, OR OTHER ASSIGNMENTS.
 - A. USE THE SAME COLOR AS THE COURSE IT IS FOR!

BRAIN BREAK

10:00

Take a 10minute breather to chat with your classmates



02

MEAL PREP TIPS

Now that we've made it, what do we eat?



meal prep tips



don't make these mistakes



actually good meals



03:00

RECIPE IDEAS

Childhood Recipes

Are there any foods you ate when you were young that you want to recreate?

Favorite restaurant orders

Think about your regular orders. Is there anything you can make at home?



Love & Lemons

Lets you sort by meal type, season, ingredients...

Tastes Better from Scratch

Filter by types of food, appliances, and even meal prep ideas

RECIPE PLANNING

10:00

1. Open this document in our Schoology Weekly Folder
2. You will need to fill out
 - a. 2 breakfast recipes,
 - b. 2 lunch recipes
 - c. 4 dinner recipes
 - d. but feel free to add more
3. Under ingredients make sure you add how much of each item
4. We will be using this to make a shopping list

Recipe Planning

DIRECTIONS: TO PREPARE FOR MAKING YOUR GROCERY LIST, YOU'LL NEED SOME RECIPES FOR BREAKFASTS, LUNCHES, AND DINNERS (MAYBE EVEN A SWEET TREAT OR TWO). YOU CAN USE TIKTOK, PINTEREST, OR YOUTUBE TO FIND RECIPES THAT YOU CAN REASONABLY MAKE WITH THE EQUIPMENT AND RESOURCES THAT WILL BE AVAILABLE TO YOU NEXT YEAR. LINK THE RECIPES BELOW AND DETAIL THE INGREDIENTS YOU WILL NEED TO PURCHASE FOR EACH ONE. KEEP IN MIND THE NUMBER OF SERVINGS EACH ONE MAKES!

<i>Breakfast</i>	
RECIPE LINK	INGREDIENTS

<i>Lunch</i>	
RECIPE LINK	INGREDIENTS



**EXIT TICKET: PLEASE
FILL OUT THE GOOGLE
FORM ON SCHOOLOGY**

SENIOR SEMINAR

TUESDAY MAY 6, 2025

PERIOD 6



To COLLEGE

Do Now

03:00

Email Check due 5/9

Turn in on time, with less than 30 emails for an Exemplary

Self-Made Planner due 5/16

- Turn in on time,
- 5/5 - 5/16,
- 2 SMART Goals,
- list of HW per day



OBJECTIVE

Students will be able to consider meal preparation options to take care of themselves during independent living.



TABLE OF CONTENTS

01

Table Talk

Chat with your tablemates about the food in your life

02

Meal Prep Tips

Listen and watch the video to get some ideas

03

Recipe Planning

Think about a couple of recipes that are simple or easy for you



TABLE TALK

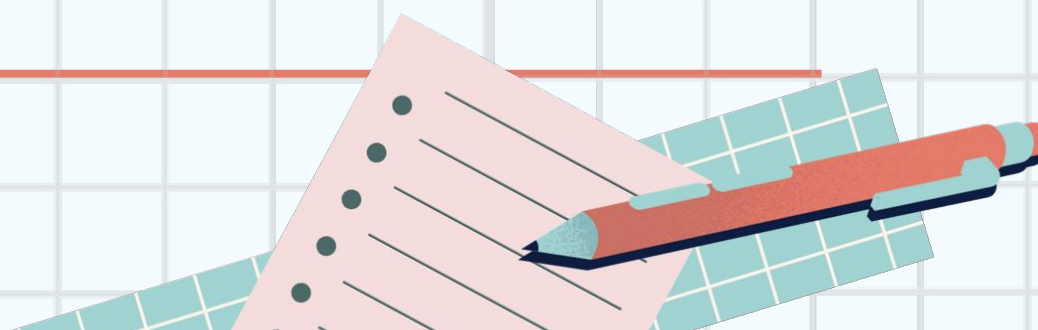
With the people at your table, chat and answer the following questions:

What food did you eat today?

What is your favorite food?

What food do you know how to make?

03:00



meal prep tips



don't make these mistakes



actually good meals



03:00

RECIPE IDEAS

Childhood Recipes

Are there any foods you ate when you were young that you want to recreate?

Favorite restaurant orders

Think about your regular orders. Is there anything you can make at home?



Love & Lemons

Lets you sort by meal type, season, ingredients...

Tastes Better from Scratch

Filter by types of food, appliances, and even meal prep ideas

RECIPE PLANNING

10:00

1. Open this document in our Schoology Weekly Folder
2. You will need to fill out the worksheet, but feel free to add more
3. Under ingredients make sure you add how much of each
4. We will be using this to make a shopping list

Recipe Planning

DIRECTIONS: TO PREPARE FOR MAKING YOUR GROCERY LIST, YOU'LL NEED SOME RECIPES FOR BREAKFASTS, LUNCHEs, AND DINNERS (MAYBE EVEN A SWEET TREAT OR TWO). YOU CAN USE TIKTOK, PINTEREST, OR YOUTUBE TO FIND RECIPES THAT YOU CAN REASONABLY MAKE WITH THE EQUIPMENT AND RESOURCES THAT WILL BE AVAILABLE TO YOU NEXT YEAR. LINK THE RECIPES BELOW AND DETAIL THE INGREDIENTS YOU WILL NEED TO PURCHASE FOR EACH ONE. KEEP IN MIND THE NUMBER OF SERVINGS EACH ONE MAKES!

<i>Breakfast</i>	
RECIPE LINK	INGREDIENTS

<i>Lunch</i>	
RECIPE LINK	INGREDIENTS



**EXIT TICKET: PLEASE
FILL OUT THE GOOGLE
FORM ON SCHOOLOGY**

SENIOR SEMINAR

WEDNESDAY

MAY 7, 2025



To COLLEGE

GOOGLE SLIDES SELF-MADE

Untitled presentation ☆ 📁 ☁
File Edit View Insert Format Slide Arrange Tools

🕒 🗨️ 📺 ▾ Slideshow ▾ 🔒 Share

🔍 + ↶ ↷ 🖨️ 📄 🔍 Fit ▾ 🖱️ Tr 🗑️

PLANNER

1



2



Mr. Warren's Bi-Weekly Planner Example

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Period 1							
Period 2							
Period 3							
Period 4							
Period 5							
Period 6							
Period 7							
Period 8							

Smart Goal #1:

Do Now

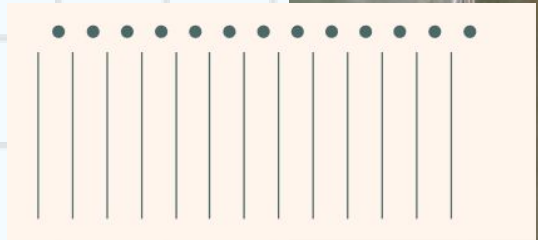
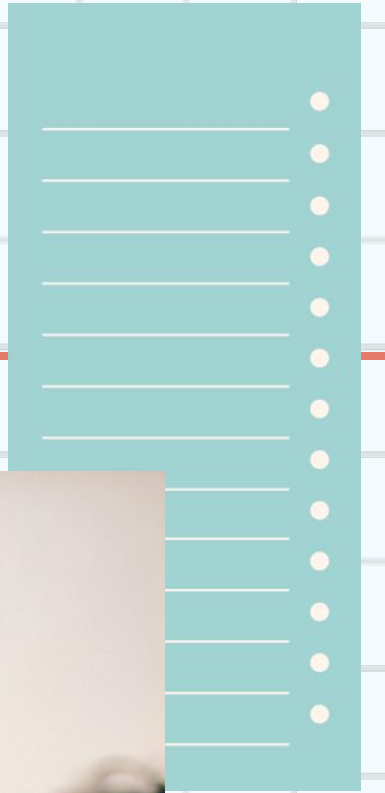
03:00

Email Check due 5/9

Turn in on time, with less than 30 emails for an Exemplary

Self-Made Planner due 5/16

- Turn in on time,
- 5/5 - 5/16,
- 2 SMART Goals,
- list of HW per day



OBJECTIVE

Students will be able to consider meal preparation options to take care of themselves during independent living.



meal prep tips



don't make these mistakes



actually good meals



03:00

RECIPE IDEAS

Childhood Recipes

Are there any foods you ate when you were young that you want to recreate?

Favorite restaurant orders

Think about your regular orders. Is there anything you can make at home?



Love & Lemons

Lets you sort by meal type, season, ingredients...

Tastes Better from Scratch

Filter by types of food, appliances, and even meal prep ideas

RECIPE PLANNING

10:00

1. Open this document in our Schoology Weekly Folder
2. You will need to fill out
 - a. 2 breakfast recipes,
 - b. 2 lunch recipes
 - c. 4 dinner recipes
 - d. but feel free to add more
3. Under ingredients make sure you add how much of each item
4. We will be using this to make a shopping list

Recipe Planning

DIRECTIONS: TO PREPARE FOR MAKING YOUR GROCERY LIST, YOU'LL NEED SOME RECIPES FOR BREAKFASTS, LUNCHES, AND DINNERS (MAYBE EVEN A SWEET TREAT OR TWO). YOU CAN USE TIKTOK, PINTEREST, OR YOUTUBE TO FIND RECIPES THAT YOU CAN REASONABLY MAKE WITH THE EQUIPMENT AND RESOURCES THAT WILL BE AVAILABLE TO YOU NEXT YEAR. LINK THE RECIPES BELOW AND DETAIL THE INGREDIENTS YOU WILL NEED TO PURCHASE FOR EACH ONE. KEEP IN MIND THE NUMBER OF SERVINGS EACH ONE MAKES!

<i>Breakfast</i>	
RECIPE LINK	INGREDIENTS

<i>Lunch</i>	
RECIPE LINK	INGREDIENTS

GROCERY SHOPPING FOR COLLEGE

Senior Seminar

Grocery Shopping for College Draft Grocery List

Directions: Go to the [Jewel Osco Website](#) and create a free account to create a personalized shopping cart. You have \$250 to spend for enough groceries to last at least (2) weeks. Make your shopping list and then place the items in the organizer below!

Breakfast				
Item	Price per	Quantity	Total Spent	Healthy? Yes or No

- ❖ Open this document in the Weekly Schoology folder
- ❖ Using your recipe planner, pick out groceries that will feed you for the next **2 weeks**

Lunch				
Item	Price per	Quantity	Total Spent	Healthy? Yes or No

10:00

SENIOR SEMINAR

THURSDAY

MAY 8, 2025



To COLLEGE

TRELLO SELF-MADE PLANNER

Self-Made Bi-Weekly Planner

☆ 👤 🗨 Board ▾

📍 ⚡ ☰ Filters



👤 Share

Monday



Period 1: Graphic Arts

Period 3: Planning

+ Add a card



Tuesday



Period 2: Senior Seminar

Period 4: Yearbook

+ Add a card



Wednesday



Period 2: Senior Seminar

Period 3: Planning

Period 4: Yearbook

Period 5: Lunch

Period 6 Senior Seminar:

+ Add a card



Thursday

+ Add a card

Jira



Do Now

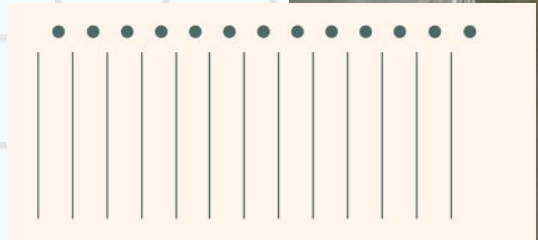
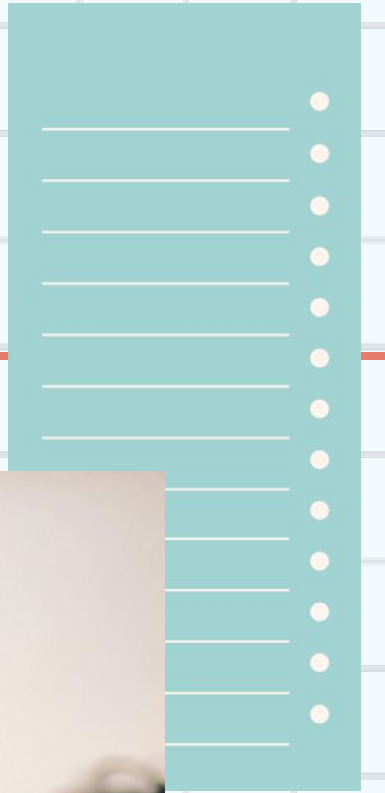
03:00

Email Check due 5/9

Turn in on time, with less than 30 emails for an Exemplary

Self-Made Planner due 5/16

- Turn in on time,
- 5/5 - 5/16,
- 2 SMART Goals,
- list of HW per day



OBJECTIVE

Students will be able to consider meal preparation options by planning out a descriptive grocery shopping list to take care of themselves during independent living.



TABLE OF CONTENTS

01

Recipe Planning

Think about a couple of recipes that are simple or easy for you

02

Grocery Shopping

Listen and watch the video to get some ideas

03

N/a

N/a



RECIPE PLANNING

10:00

1. Open this document in our Schoology Weekly Folder
2. You will need to fill out the worksheet, but feel free to add more
3. Under ingredients make sure you add how much of each
4. We will be using this to make a shopping list

Recipe Planning

DIRECTIONS: TO PREPARE FOR MAKING YOUR GROCERY LIST, YOU'LL NEED SOME RECIPES FOR BREAKFASTS, LUNCHEs, AND DINNERS (MAYBE EVEN A SWEET TREAT OR TWO). YOU CAN USE TIKTOK, PINTEREST, OR YOUTUBE TO FIND RECIPES THAT YOU CAN REASONABLY MAKE WITH THE EQUIPMENT AND RESOURCES THAT WILL BE AVAILABLE TO YOU NEXT YEAR. LINK THE RECIPES BELOW AND DETAIL THE INGREDIENTS YOU WILL NEED TO PURCHASE FOR EACH ONE. KEEP IN MIND THE NUMBER OF SERVINGS EACH ONE MAKES!

<i>Breakfast</i>	
RECIPE LINK	INGREDIENTS

<i>Lunch</i>	
RECIPE LINK	INGREDIENTS

GROCERY SHOPPING FOR COLLEGE

Senior Seminar

Grocery Shopping for College Draft Grocery List

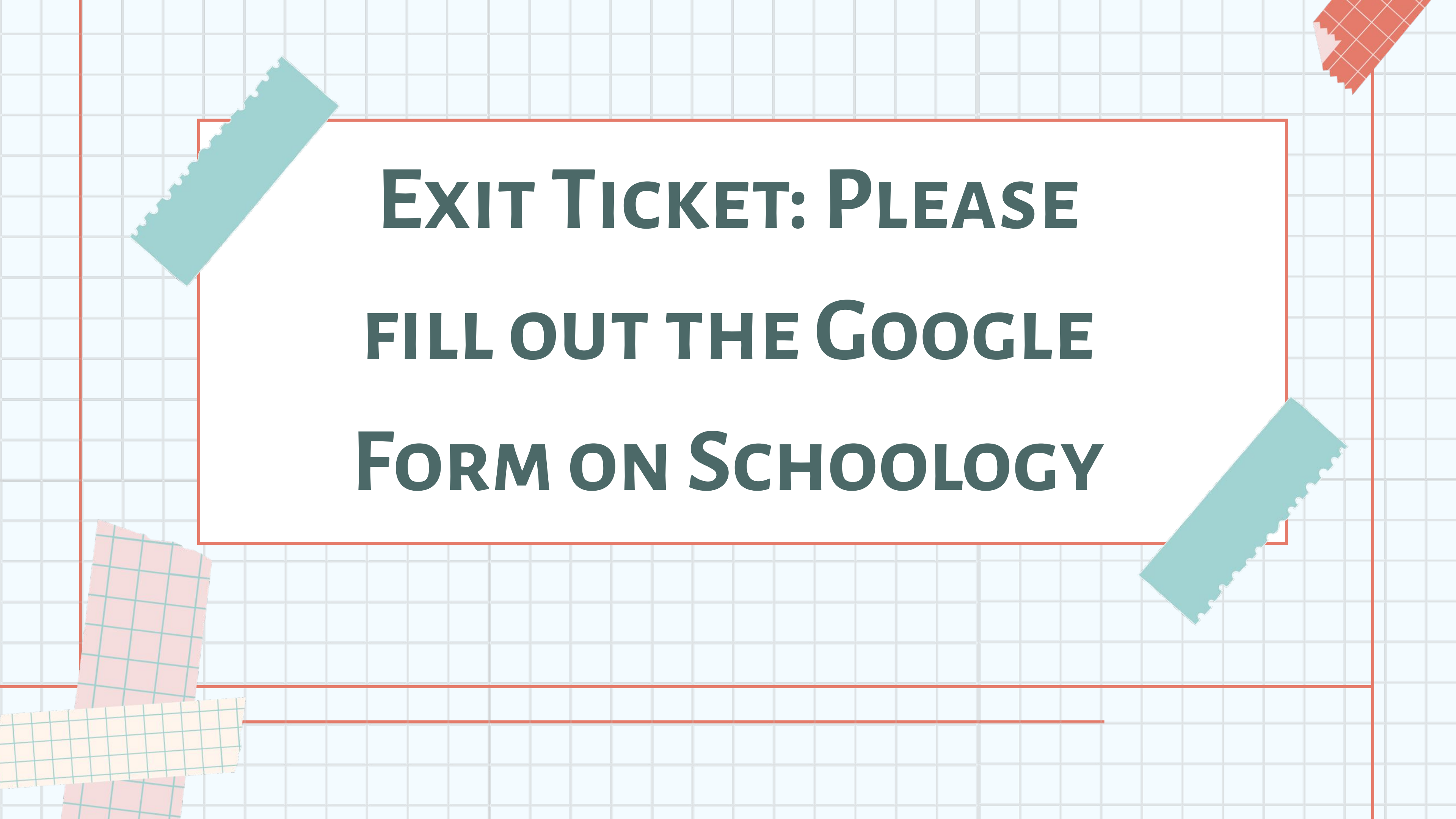
Directions: Go to the [Jewel Osco Website](#) and create a free account to create a personalized shopping cart. You have \$250 to spend for enough groceries to last at least (2) weeks. Make your shopping list and then place the items in the organizer below!

Breakfast				
Item	Price per	Quantity	Total Spent	Healthy? Yes or No

- ❖ Open this document in the Weekly Schoology folder
- ❖ Using your recipe planner, pick out groceries that will feed you for the next **2 weeks**

Lunch				
Item	Price per	Quantity	Total Spent	Healthy? Yes or No

10:00



**EXIT TICKET: PLEASE
FILL OUT THE GOOGLE
FORM ON SCHOOLOGY**

TABLE OF CONTENTS

01

Course Sign-Ups

Let's finish up our worksheet we started last week

02

Meal Prep Tips

Listen and watch the video to get some ideas

03

Recipe Planning

Think about a couple of recipes that are simple or easy for you



01



COURSE REGISTRATION



CAREER OPPORTUNITIES

Elaborate on the featured statistic

43%

60%

35%

Elaborate on the featured statistic.

Elaborate on the featured statistic.

Elaborate on the featured statistic.

MEET OUR TEACHERS



Name

Elaborate on what you want to discuss.



Name

Elaborate on what you want to discuss.



Name

Elaborate on what you want to discuss.



Name

Elaborate on what you want to discuss.



ABOUT US

Elaborate on what you want to discuss.

03

OUR GOALS TIMELINE



Add a main point

Elaborate on what you want to discuss.



Add a main point

Elaborate on what you want to discuss.

Add a main point

Elaborate on what you want to discuss.



Add a main point

Elaborate on what you want to discuss.



CREDITS

Slides Carnival

This presentation template is free for everyone to use thanks to the following:

SlidesCarnival for the presentation template

Pexels for the photos

Happy designing!

OBJECTIVE

Students will be able to submit missing Webquests or Portfolios to improve their grades.



MAKE-UP DAY

Personal Finance Saving, Investing, and Interest Rate Webquest - Week 29

Val Bautista
Brandon Brown
Nathan Garcia
Samar Ibrahim
DQ King
Nathan Levin
Ariana Ramos
Stefany Arauz-Godinez
Francisco Cortez
Michael Lopez
Megan Pindter

Investment Portfolio - Week 31

Manar Ahmad
Stefany Arauz-Godinez
Francisco Cortez
Michael Lopez
Megan Pindter
Elva Buitron
Nathan Garcia
DQ King
Nathan Levin



MAKE-UP DAY

Personal Finance Saving, Investing, and Interest Rate Webquest - Week 29

Period 6:

Val Aceves

Melvin Carmona

Janelle Contreras

Shyana Liapis-Breeze

Aiyana Thomas

Ameer Ahmad

Bilal Ahmad

Natalia Kurczak

Aurelio Valdivia

Investment Portfolio - Week 31

Period 6:

Ameer Ahmad

Natalia Kurczak

Aurelio Valdivia

Val Aceves

Josh Aguilar

Melvin Carmona

Janelle Contreras

David Jaimes

Shyana Liapis-Breeze

Aiyana Thomas

