



2x10 Tracker

The 2x10 Strategy is used by teachers to improve behavior in a student that the teacher finds challenging. The teacher spends 2 min a day for 10 days having a personal conversation with the student outside of class time about a topic other than academics and behavior. The conversations should build appropriate teacher-student relationships; below there are tips for maintaining appropriate boundaries. The conversations should expand the teachers' awareness of the "whole child" and invite the possibility for the student to be understood beyond typical classroom interactions. Use the following table to document a brief summary after each 2 min conversation and then reflect on any changes in student behavior after the 10 days. Here is a link to a [summary](#) of the 2x10 Strategy.

Possible Topics for 2 min Conversations. You can ask and share about yourself too.

Remember to keep all conversations professional in nature.

- What did you do after school yesterday/ last weekend?
- Favorites... (food, sports, music, games)
- Family
- Friends
- Current events (football, School events, pop culture)
- School co-curriculars the student is involved with.
- What they want to be when they grow up.
- Compliments (nice shoes, interaction with a sibling, smile)
- Something you saw/heard that made you think of the student.

Tips for Maintaining a Professional Teacher-Student Relationship

- Choose a location for success. You want to be in a public space but not at a time when the student may get in trouble for talking too loudly. Consider the cafeteria, recess or after school with the classroom door open or during passing periods in high school.
- Proactively start conversations on appropriate topics.
- Maintain physical boundaries and personal space (High fives are great).
- Filter what you share about yourself (Ex. Do not disclose details about romantic relationships or traumatic events).
- Respond to the student as an adult not as a peer. It's okay if you sound like an interested parent asking questions about their interests and not necessarily relating to all of their interests personally.
- If the conversation veers to inappropriate topics, you may need to state if something sounds unsafe or inappropriate.
- Note: you are a mandated reporter. You can tell a student, "If you ever feel unsafe, you can tell me."



Teacher Name: Tor Warren-Guerette

Student Name:

Why you chose this student:	
Date	What you learned about this student
9/10 - Stella in Yearbook	<p>Played uno with her, Jimena, and Shy. She talked to me about James Charles and Roblox. She likes watching Youtube and also was in Drama Club, but they didn't have a sponsor so the group phased out.</p> <p>She has a different name in the gradebook. Among the teachers, she has had some problems with turning work in, or talking too much. But she's a lovely student. I met her outside the CVS near the high school.</p>
Jeannel in Senior Seminar	<p>Told me that she helped raise her brother at home, so she didn't get regular hours of sleep</p> <p>Is quiet in Senior Seminar, but took a couple weeks to understand our routines. I thought originally it was stubborn-ness and not wanting to follow our rules, but she has since come around.</p>
Moskym in Graphic Arts	<p>Likes to play video games</p> <p>He only speaks Ukrainian, so I have been speaking with him over Google Translate. I have been learning about him through the art he makes in my class. He is usually pretty naughty and likes to be off-task, and it seems like he might get into trouble outside of school, but he listens when I give him instructions.</p>
Jesus in Yearbook and Senior Seminar	<p>Thinks Raising Canes is just mid. We had a conversation about restaurants and how chicken is kind of the same everywhere, but people will be happy with anything.</p> <p>He's a well-behaved and friendly student who works on art outside of class. He often talks with his friends in class and cheers them on and actively participates and volunteers during class discussions.</p>
Finn in Yearbook	<p>Really likes Crumbl. Had to introduce me to it. Did not believe that I had never had any before.</p> <p>She also has a different name in the gradebook, so I had to learn her name a couple times. She's tomboyish and can get her friend off-task.</p>
Nathan Levin	Is on the softball team, and had to forfeit the last game because too many



<p>in Senior Seminar</p>	<p>people were absent due to grades going down. Is luckily going to be involved in bowling next season.</p> <p>Is very very quiet in Senior Seminar. Does not talk with any other students, and often struggles with the classwork. However he seemed really receptive to talking to me</p>
<p>Noel in Graphic Arts</p>	<p>Really likes making his own characters, has a huge Google doc he shares with someone where he writes fictional stories</p> <p>Also very quiet in class, sits next to a student who is often class clowning. He stays mostly on task, but always frowns.</p>
<p>Jhoseth in Graphic Arts</p>	<p>Likes Mr. Bean and drawing. Will watch the animated show of Mr. Bean, but also likes miniatures and making them. There's lots of videos of it on Youtube.</p> <p>He only speaks Spanish, so we also talk through Google Translate. I try to speak a little bit to him, but my skill is very limited. He is diagnosed with autism and was struggling to make friends, but found two girls who also only speak Spanish and all three have been hanging out when I've seen them last.</p>
<p>Melvin in Senior Seminar</p>	<p>Likes the band Glass Beach, loves music. Best friends with David. He likes the Tibetan Singing Bowl I brought in and will often goof off at me, making a pose at me while I'm filling my water bottle.</p> <p>Came up during our senior meeting as someone we needed to watch for because of his grades. It seems like he hasn't been turning in work for his other classes and I noticed he will get distracted in ours as well. However when we let him sit with David, he worked really well.</p>
<p>David in Senior Seminar</p>	<p>Likes Melvin, but also went to an arcade and kept the player card. He keeps it in his wallet. He likes Minecraft and is dating one of his classmates in Senior Seminar.</p> <p>His girlfriend in Senior Seminar has a pretty aggressive personality and is protective of him, so I was curious to see what he was like when she wasn't around. He's very true to his friends and devoted to her.</p>
<p>Adam in Graphic Arts</p>	<p>He's a junior but this is his first year at CA. He thinks the school feels weird, like it's a middle school.</p> <p>He's one of the upper classmen in our Graphic Arts class, so he doesn't talk with a lot of other students. He varies on whether he does his work or not.</p>
<p>Natalia in Senior</p>	<p>Wanted to start a Polish club with one of her other classmates.</p>



Seminar	I accidentally ran into her at the Dog House, a fast food restaurant, outside school when I had a lunch malfunction and she was on lunch at the same time.
9/26 - Miguel in Graphic Arts	Invited me to the football game this weekend. Wasn't here the day before and had a lot of work to make up, so I was helping him out. He was wearing his football jersey and asked if I would go.
<p>Reflection: <i>(note any data about changes in behavior)</i></p> <p>I chose to write a bunch of notes about a bunch of students for a couple of reasons. I thought that it would be invasive to try to single out a student. It was nigh impossible to single out a student and seek them out outside of the class. But I had a lot of serendipitous opportunities where I met with them outside, thankfully as high school students, and I also am able to learn and talk a lot with my students in our art classes where they study their own reflections, and in Senior Seminar where we really consider what they want to do for the future and how to get there.</p>	